ABOUT THE
COMMUNITY FOUNDATION FOR LENNOX & ADDINGTON

Our Vision: A financially strong, connected, vigorously active, widely recognized and highly respected charitable foundation capable of major contributions toward strengthening and growing prosperity and fulfillment in our people and living areas in all parts of Lennox and Addington...in perpetuity.

Established in 1987, the Community Foundation for Lennox & Addington manages charitable gifts from donors. Those gifts are pooled into permanent, income-earning endowment funds. The income from our endowment funds is distributed annually in the form of grants for charitable and educational purposes. Since our inception in 1987, The Community Foundation for Lennox & Addington has provided grants and bursaries in excess of one million dollars for the benefit of communities throughout the region of Lennox and Addington.

WHAT IS VITAL SIGNS?

Community Foundations across Canada produce Vital Signs check-ups in order to identify trends and to measure well-being factors in their regions. Vital Signs projects identify ideas, uncover needs, and promote collaborations that motivate communities to act.

For most of our 32-year existence, our Community Foundation has operated as the Napanee District Community Foundation. In 2015, we produced a Greater Napanee Vital Signs Report. Our 2015 report can be found at: https://www.communityfoundations.ca/vitalsigns/reports/. Since 2015, we have grown to become the Community Foundation for Lennox & Addington. Working with community leaders, we are coming to understand our region, and our communities, better than ever.

In this Vital Signs project, we examine quality of life factors through the lens of the United Nations Sustainable Development Goals, (SDGs). Our intention is to publish Vital Signs reports for Lennox and Addington, every two years. Each time we publish, our aim is to identify and incorporate additional community voices and to demonstrate that together we can improve upon our smart, caring and sustainable communities.

We welcome your feedback and support. Email: info@cffla.ca

THANK YOU TO OUR SPONSORS

Our thanks to all the individuals and organizations who have participated in our Vital Signs outreach sessions. Thank you also to the following sponsors for their generous financial support.

Ian Brumell and Margaret Axford

Greater Napanee

TC Energy

COMMUNITY FOUNDATION FOR LENNOX & ADDINGTON

www.cffla.ca
The Community Foundation for Lennox & Addington works to improve the lives of all living in L&A. We're here for good...forever!

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12 Life on Land, Life Below Water and Clean Water & Sanitation
15 Good Health & Well-Being... Recruiting and Retaining Doctors to the area plus Community Wellness
19 Gender Equality, Reduced Inequalities, plus Peace, Justice & Strong Institutions

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TABLE OF CONTENTS
4 A REGION OF 100
5 UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS (SDGs)
6 METHODOLOGY
7 FEATURE: Connected Communities
9 GOOD HEALTH AND WELL-BEING – Priority One
10 NO POVERTY – Priority Two
11 CLIMATE ACTION – Priority Three
12 SURPASSING $1,000,000 IN GRANTS AND BURSARIES
13 Poverty, Hunger, Liveable Communities
15 Decent Work, Economic Growth Industry, Innovation & Infrastructure
17 GAPS AND FUTURE OPPORTUNITIES
19 Gender Equality, Reduced Inequalities, plus Peace, Justice & Strong Institutions
22 DATA SOURCES
A REGION OF 100 PEOPLE

What **OUR REGION** would look like if we were

100 PEOPLE

- Over age 65: 23
- Under Age 14: 13
- Indigenous: 5
- Visible Minority: 2
- One or more parents born abroad: 13
- Work in health care or social services: 7
- Work in agriculture, forestry, fishing and hunting: 2
- Self-employed: 6
- Attended university outside of Canada: 1
- Earned a master’s degree: 2
- Commute outside the region for work: 22
- In a household making $100,000 or more: 9
- In a household making less than $40,000: 27
- Leave before 6am for work: 4
- Take transit to work: 1
- Live alone: 9
- Married or common law: 54
- Divorced: 5
- Single parent: 4

5 would be living in the Township of Addington Highlands
18 would be living in Stone Mills Township
37 would be living in the Town of Greater Napanee
40 would be living in Loyalist Township
SUSTAINABLE DEVELOPMENT GOALS (SDGs)

The 2030 Agenda for Sustainable Development

In 2015, Canada, plus the other 192-member nation states, adopted the 2030 Agenda for Sustainable Development at the United Nations General Assembly. Through this agenda, seventeen interdependent goals have been identified and each goal has been assigned specific targets and indicators to be achieved by 2030. The Sustainable Development Goals represent a framework to achieve a better and more sustainable future for all. This initiative has been described as an opportunity to eliminate poverty, save the planet and ensure a sustainable and prosperous future for all.

These goals allow individuals to think at the global, national and local levels plus to act at the global, national and local levels. ‘Lennox & Addington’s Vital Signs Connecting Communities 2019’ has elicited community insights on 12 of the 17 SDGs and will touch upon all 17 SDGs. It is through the lens of the 17 Sustainable Development Goals our Vital Signs project aims to identify and promote actions that will ensure a prosperous and sustainable future for all residents of Lennox and Addington County.

https://sustainabledevelopment.un.org
METHODOLOGY

Seven Months of Research

We conduct a deep statistical analysis of our region. We select data that is accurate, meaningful, clear and unbiased. Where possible, we collect data that is comparable over time.

Our aim is to spot opportunities for community improvements.

Five Outreach Sessions

Focus group sessions were conducted in order to review the data, compare the data to lived experiences, and to identify possible collaborations and solutions for individuals, organizations, businesses and governments to champion.

Multi-Sector Convening, Writing and Launch

A multi-sector panel was convened to identify the SDGs most relevant to our communities, to provide the sequence and emphasis of this report.
The recurring theme from each of our Vital Signs Outreach Sessions has been the importance of ‘connections’... maintaining and enhancing existing plus establishing new and stronger connections.

We already connect in so many ways. We are all connected to each other through the natural environment. Maintaining a clean and diverse local natural environment is vitally important to the health and well-being of all our residents. We depend on our natural systems for clean drinking water, recreational opportunities and for continued economic prosperity.

Residents in rural areas rely upon their neighbours for responsible stewardship of the land in order to protect ground and surface water in order to ensure that there are, and will continue to be, safe and clean sources of drinking water.

All along each of our watersheds, we rely upon each other to understand and be responsible for our impacts within the watersheds. Headwaters play a vital role in the health of the entire watershed. Shoreline vegetation and forest cover, up and down the watersheds, are important in regulating the flow of nutrients into our watersheds. Residents living on our spectacular bays that feed into Lake Ontario understand fully how activity up and down our watersheds impacts shorelines and water quality. Climate change is reshaping our views of actions within our watersheds.

“the top three SDGs (identified today) – Climate Action, Poverty, Health and Well-Being... it is nice to have a focus and understanding of what is a priority (for) and important (to our communities)” anonymous Vital Signs participant

We also connect through the agencies that exist to enhance and support each other’s lives. We are most effective when we connect professionally and collegially in order to develop solutions to our most complex problems.

Many of the challenges facing our communities are daunting and complex, yet, despite the challenge, we have the social capital and spirit of togetherness that is necessary to make substantial progress on complex issues like good health and well-being, poverty and climate action.

(continued page 8)
“collaborations can really occur across sectors – not only connected sectors but (with) a diverse set of organizations in our community” anonymous Vital Signs participant

When people and organizations connect to champion important causes, great things happen. A prime example: this past winter, agencies, citizens and local government worked together cooperatively to respond to the acute need in our community for a warming centre. A one-time solution was achieved and implemented in 2019, yet the need remains. Again, this winter a cooperative solution will be needed. Champions are at work and a new solution will be found.

(the take-away) “lots of networking and new ideas to collaborate with other organizations on a variety or programs and services” anonymous Vital Signs participant

In Lennox and Addington, we are living in and sharing an amazing time and place to be alive. We are very fortunate to be connected socially, emotionally, and spiritually through a rich and diverse landscape, cultural organizations, faith-based institutions, community festivals and the work of local artists and musicians.

(something that has made an impact on me is) “the interconnection between people and how they are looking for ways to remove (organizational) silos” anonymous Vital Signs participant

Emerging out of this year’s Vital Signs process is a sense that our continued, shared well-being, as residents of the region of Lennox and Addington, will be dependent upon our ability and willingness to build upon our existing collaborations plus our ability to forge positive, new connections for the benefit of all.

We asked our multi-sector participants to identify the three Sustainable Development Goals that they considered to be most relevant “to our communities”. Good Health and Well-Being, No Poverty, and Climate Action emerged as the three most relevant SDGs.
GOOD HEALTH AND WELL-BEING – ‘Priority One’

In our region of the world, we are fortunate to live in a country whose provinces deliver a well-developed healthcare system plus a wide array of agencies that address and promote well-being. Despite our best efforts, gaps and needs persist. We have residents who find it difficult to get listed with a family physician, we face persistent challenges in trying to reduce the incidence of non-communicable diseases – cardiovascular diseases, cancers, chronic respiratory diseases and diabetes, and we have community members who face mental health and addiction issues. We also have a population that is aging. By 2041 it is possible that 34 of every 100 residents of the region of Lennox and Addington will be over the age of 65.

Local Targets for ‘Good Health and Well-being’ developed by the United Nations include:

- Substantially increase health financing and the recruitment, development, training and retention of the health workforce
- Half the number of deaths and injuries from road traffic accidents
- Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol
- By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being

Multi-sector respondents identified the following SDGs are related to “Good Health and Well-Being.”

<table>
<thead>
<tr>
<th>SDG</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>13</td>
<td>27.0%</td>
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<tr>
<td>1</td>
<td>23.0%</td>
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<tr>
<td>11</td>
<td>15.3%</td>
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<tr>
<td>10</td>
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<tr>
<td>15</td>
<td>7.7%</td>
</tr>
<tr>
<td>4</td>
<td>3.8%</td>
</tr>
<tr>
<td>17</td>
<td>3.8%</td>
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</tbody>
</table>
NO POVERTY – ‘Priority Two’

Poverty has many dimensions including unemployment, social exclusion, food insecurity, inadequate housing, access to education and a wide assortment of wellness issues. Raising individuals and families out of poverty requires time and collaborative efforts. Most often, an individual working to raise themselves out of poverty will be attempting to resolve multiple causes of their poverty for which the solutions have differing timelines.

In Lennox and Addington, our communities experience poverty differently. Poverty is most acute in the Township of Addington Highlands, followed by the Town of Greater Napanee. Poverty is less acute, but still exists, in Loyalist Township and least acute in the Township of Stone Mills.

At the time of the last census, one child in ten was living in a household that falls into the Low-Income Measure.

A Local Target for ‘No Poverty’ developed by the United Nations is:

- By 2030, reduce at least by half the proportion of men, women and children of all ages living in poverty in all its dimensions according to national definitions.

Multi-sector respondents identified the following SDGs are related to "No Poverty."

ENVISIONING ‘NO POVERTY’

“Building on our community’s well-being, our community provides equal access to education, adequate and affordable housing, and sufficient income to all members of a safe and inclusive community”

“Community members have access to basic needs and opportunities for purposeful living”

“Breaking generational poverty through education, opportunity, funding, programming and hope”

<table>
<thead>
<tr>
<th>4 Quality Education</th>
<th>17 Partnerships for the goals</th>
<th>11 Sustainable Cities and Communities</th>
<th>2 Zero Hunger</th>
<th>3 Good Health and Well-being</th>
<th>5 Gender Equality</th>
<th>10 Reduced Inequalities</th>
<th>16 Peace, Justice and Strong Institutions</th>
<th>7 Affordable and Clean Energy</th>
<th>8 Decent Work and Economic Growth</th>
</tr>
</thead>
<tbody>
<tr>
<td>34.5%</td>
<td>27.5%</td>
<td>10.3%</td>
<td>7.0%</td>
<td>3.4%</td>
<td>3.4%</td>
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</table>
Climate change is affecting every country on every continent. Individuals and communities are paying a price as national, regional and local economies are being impacted by changing weather patterns and more frequent and extreme weather events.

In Lennox and Addington, we are communities of commuters and this contributes to the size of our carbon footprint. We are a highly mobile workforce that travels to find economic opportunity. Nearly 60% of our workforce travels outside of our County to find work and nearly 90% of our workforce travels to work as the driver of a vehicle. Very few public transportation choices exist for our residents, and for most, active transportation methods… walking, cycling, jogging, are not options because of the distance travelled to and from work. One of the challenges we face in attempting to reduce our carbon footprint will be how we handle the journey to work.

We also live in older established communities. Many of our `vintage’ homes are older and in need of renovations if we are to reduce our carbon footprint.

A Local Target for ‘Climate Action’ developed by the United Nations is:

- Improve education, awareness-raising and human and institutional capacity on climate change mitigation, adaptation, impact reduction and early warning

Multi-sector respondents identified the following SDGs are related to "Climate Action.”
Our watersheds receive good grades from our local conservation authorities. However, there are issues. Our southern watersheds deliver nutrient loads, (nitrogen and phosphorous) into the Bay of Quinte. Nitrogen and phosphorous occur naturally in the environment, but their concentrations are added to by agriculture, industry, septic systems and other land uses. The Bay of Quinte, being shallow and warm, is prone to experience algal blooms. Algal blooms are fueled by nutrients plus sunshine. When they occur, there is damage to water quality and significant danger to life under and around the water.

The Napanee River and Wilton Creek watersheds have been identified as two of the culprits in delivering high levels of phosphorous to the Bay of Quinte. Fortunately, work is being done to understand the issue of phosphorous loading on the Napanee River and Wilton Creek watersheds. Since 2016, Dr. Agnes Richards and a team of scientists from Environment and Climate Change Canada have been studying nutrient loading during wet weather events at monitoring stations along the Napanee River and Wilton Creek. They have discovered that the amount of bioavailable phosphorous during rain events increases on average in the Napanee River by 15% and on average the Wilton Creek by 25%. The next step being developed and expected to be in place within two years is Soil Water Assessment Tools (SWATs) for the Napanee River and Wilton Creek watersheds. The SWATs will be used to inform best management practices along those watersheds.

### Community Actions in Need of Champions (as identified during our community outreach panels)

- Monitor and implement the best practices produced out of the SWATs that are developed.
- Advocate for building code changes that recognize the need to manage the release of nutrients from septic systems.
- Advocate to expand current community improvement program/tax bill to rural residents, so that rural septic repairs can be assisted through municipal loans to be added to tax bill.
- Engage and support citizen scientists in surface water testing programs.
Between March and May of 2018, the Ontario Ministry of Housing in its efforts to end chronic homelessness required all Housing Service Managers to conduct an enumeration of those experiencing homelessness during the period of study. As a result, Prince Edward–Lennox & Addington Social Services (PELASS), has been able to share valuable insights into the experiences of some of the most vulnerable members of our communities.

Homelessness is a complex issue to study, especially in rural areas. In this enumeration, to be counted, respondents had to fall under one of three categories.

1. **Unsheltered** and had no physical shelter – *living rough*
2. **Emergency Sheltered** – includes temporary emergency shelters and persons issued motel vouchers
3. **Provisionally Sheltered** – persons whose tenure is temporary or lacks security of tenure

Adding to the complexity of the issue of homelessness is the fact that some residents experience **chronic homelessness** (duration of six months or more in a year) and some residents experience **episodic homelessness** (three or more episodes of homelessness in the past year).

During the study period, 76 respondents in our region were recorded as experiencing homelessness. Of those respondents, 68 were in the southern portions of our region, and 8 were located ‘north of highway 7’. Respondents from the southern portion of our region reported on average 207 days of homelessness and an average frequency of two incidences of homelessness. Respondents from ‘north of highway 7’ reported shorter periods of homelessness duration, 96 days on average, and a smaller average frequency of homelessness, 1.3 times.

Thank you to Annette Keogh, Housing Manager for Prince Edward-Lennox & Addington Social Services for presenting the findings to our Poverty, Hunger, Liveable Communities Outreach Session.

Additional details from the Homeless Enumeration may be viewed at: [https://lennox-addington.on.ca/social-services/homeless-enumeration-report](https://lennox-addington.on.ca/social-services/homeless-enumeration-report)

**Note:** Across the province there were three different methods used for conducting the Provincial Homeless Enumeration. PELASS used the Period Prevalence Count (PPC) methodology. The next enumeration conducted for the province will be conducted using a standardized methodology.
The issue of homelessness emerged as a local priority in 2019. On February 23, members of our communities joined with walkers from across Canada as part of the Coldest Night of the Year.

Kevin Alkenbrack, Executive Director of the Morningstar Mission and his team mobilized more than 125 walkers and 50 volunteers. Their efforts raised in excess of $34,000 for the benefit of the region’s homeless and disadvantaged community members. The Morningstar Mission operates hot lunch and dinner programs, a take-home food basket program, a community food preparation program and numerous personal development programs.

Between January and March 2019, the region gained experience operating a ‘Warming Centre’. Operating out of the Napanee Community Health Care Centre building, it served the needs of 120 different clients. The average number of nights each client attended was 9.1. Clients indicate that they accessed the warming centre for social contact, to get out of the cold, to be safe at night, to have access to food and to rest.

Community Actions in Need of Champions (as identified during our community outreach panels)
- Within two years provide a sustainable warm, safe, overnight place to accommodate the needs of residents who are precariously housed and/or homeless.
- Mobilize additional community resources to make warm lunch and dinner programs available and accessible in our communities, 7 days per week.
Stories & Stats

GOOD HEALTH AND WELL-BEING

A Focus on recruiting and retaining Doctors and maintaining Healthy Communities

Recruiting and retaining doctors to rural areas can be challenging. New doctors typically emerge from their education and training with large debts related to their education and training, limited experience in running a professional practice, plus they face considerable upfront costs that are needed for opening a practice. Small communities compete with larger communities to attract medical talent into their communities requiring very creative ways to recruit doctors.

In 2018, Napanee and Hastings County were able to attract three new doctors to the area, yet there were still many unattached residents in need of a doctor. To alleviate pressure on the Emergency Room of Lennox & Addington County General Hospital, the Lenadco Access Clinic was opened. Access to healthcare improved but a significant number of unattached residents remained.

“A large piece of the puzzle for building healthy communities must always include access to primary care and access to a provider that you can call your doctor. With the recent retirements of several physicians with large practices, the number of unattached residents had risen dramatically. This puts undo pressure on not only those residents, but our hospital emergency room. With the addition of two new doctors, the pressure will be reduced. We will always have to be on the lookout for new services in health care as part of a larger team.”

Mayor Marg Isbester, Town of Greater Napanee

On September 5th, 2019, the most recent doctor recruitment effort produced dividends as Dr. Daniel Glatt and Dr. Derek Moynes each signed 5-year agreements to open and operate local medical practices. The doctors have committed to taking on patient loads of 900 within two years.

Unattached residents can register online at Health Care Connect or by calling 1-800-445-1822

- Develop a ‘cost-effective’ recruitment and retention program for supporting and mentoring new medical professionals to the area.
A Focus on Community Wellness

The logo of Addictions Mental Health Services Frontenac Lennox & Addington features the themes of Wellness, Acceptance and Belonging. The Vital Signs discussions on Community Well-Being focused on those same themes. A written submission from an Addictions Counsellor for AMHS-KFLA provided the context for our exploration of Community Wellness in the region of Lennox & Addington.

Our Addictions and Mental Health Workers, Social Workers and Healthcare Providers report that they are servicing individuals with complex needs... people in need of food and nutrition, people in need of housing, people in need of treatment on waiting lists, and people without access to family doctors.

In addition, Addictions and Mental Health professionals in the Region of Lennox and Addington are assisting residents who have relationships with a variety of substances including: alcohol, crystal meth, opiates, and cannabis.

In 2018/2019 the Napanee AMHS-KFLA served clients dealing with problem gambling (23), addictions (239), mental health (181), and court support (153).

A wide range of services are delivered within our communities including transitional case management (up to 12 weeks), rural outreach for clients in the north of L&A County, youth services (ages 16-24), group treatment and support, addiction services (assessment and 1:1 support), assertive community treatment (clients with persistant mental health concerns who may also expereince other co-occurring problems) and crisis services.

The wider conversation at our community table emphasized the importance of prevention and harm reduction strategies. From a human and economic perspective it is far more effective to promote positive, healthy and smart choices than it is to solve the problematic outcomes related to poor choices. Prevention plus education really is the best medicine.

Community Actions in Need of Champions (as identified during our community outreach panels)

- Explore alternative means of referral and delivery of some common tests currently requiring the involvement of a family doctor, e.g. TB testing required for volunteers is health care settings.
- Explore ways of more efficiently managing the listing and delisting of patients at Family Medical Practices.
- Enhance existing programs and develop new programs and partnerships that promote, educate and deliver positive outcomes related to healthy diet, active lifestyle, as well as harm reduction choices.
Stories & Stats

DECENT WORK & ECONOMIC GROWTH, INDUSTRY, INNOVATION & INFRASTRUCTURE

The vision of County Council is for the region of Lennox & Addington “to be a vibrant, viable and healthy community celebrating our rich historic and natural assets while supporting opportunities for future generations.”

The Naturally L&A branding and communication strategy builds upon the County’s unique identity and assets. The Naturally L&A program will showcase homegrown solutions and innovations.

The aim for Lennox and Addington Economic Development is to be the first stop shop for business attraction, business growth and business coaching.

The “Naturally L&A” brand is successfully being used to attract investment, to train and support local businesses to become “employers of choice”, and to promote tourism.

Lennox and Addington’s business community is optimistic, most businesses report that they are growing, and that they would readily expand if they had access to additional capital.
Think Globally, Produce and Consume Locally, A Business Story

MacKinnon Brothers Brewing Company is located on a family farm in Bath that has been in continuous operation since 1784. Despite being a thriving and successful agricultural operation, the MacKinnon Brothers, Daniel and Ivan recognized that additional value-added products needed to be produced on the property if the farm operation was going to sustain and maintain the aspirations of the next and future generations on the land. A ‘eureka moment’ occurred when one of the brothers asked what the load of grain on a truck that they were loading represented in dollar value as a crop sale. A quick calculation in his head made Daniel realize that the farm was getting pennies on the dollar in return compared to what could be earned if that grain was used to produce an alcoholic product on site. The ideas of establishing a local distillery or a local brewery were explored. Since there are fewer regulatory hurdles to overcome in establishing a brewery, MacKinnon Brothers Brewing Company was born. MacKinnon Brothers Brewing Company strives to maximize the use locally grown and locally sourced ingredients in all their products. MacKinnon Brothers Brewing Company continues to grow, and their products are available through their on-site retail store, at the LCBO, on tap at may local restaurants and pubs, and many other locations throughout southern and eastern Ontario.

Community Actions in Need of Champions (as identified during our community outreach panels)
- Demographic change represents opportunity to tap into the wealth of our growing senior population, there is a need to encourage entrepreneurship by seniors, ‘Seniorpreneurs’.
- Promote, enhance and expand the ‘Kidpreneur’ program to foster the next generation of local entrepreneurs.
- Build upon and enhance the mentoring and training in the ‘Employer of Choice’ philosophy.
- Promote the idea that improving our communities improves our local business environments.
- Promote ‘place-based financing’ opportunities so that there are more opportunities for investment in local businesses.
00+ Women Who Care Lennox & Addington, a philanthropic organization that responds to community needs, was established in 2016. The 100+ Women who care meet quarterly in order to nominate three deserving charities. A member will act as champion and storyteller for each nominated charity. These heartfelt stories dramatically illustrate needs throughout our communities. At each gathering, a single charity emerges as a winner for funding.

The Morningstar Mission was the recipient of the first grant (over $6,250), and the 100+ Women Who Care Lennox and Addington is currently granting in excess of $12,000 to a deserving local charity, every three months.

There are 80 individual members plus an additional 163 women who have created 47 teams (of their respective friends and family members). In all, there are 243 members.

The 100+ Women Who Care are leading the way to community improvements across Lennox and Addington.
SAFE AND CARING COMMUNITIES

Crime in our region has been declining and at the same time, the OPP’s need to respond to individuals who are in crisis has increased significantly. This category of response calls is non-criminal in nature, yet the situations are urgent and complex. As a result, the community policing strategy has evolved to connect those individuals who are in crisis to the experts in organizations who are most skilled in assisting with that individual’s unique circumstance. A referral is made as soon as possible after the situation has been calmed.

The OPP, working collaboratively, has built strategic supports at the community level. The goal is to have regular contact with social service leaders, municipal leaders, school leaders and the OPP, (on a horizontal/equal level) in order to understand the community needs and to coordinate intervention strategies. In the most urgent instances when individuals are approaching a crisis point, the ‘Situation Table’ team can in a confidential way, and respecting privacy protections, share awareness and collaborate on supports and interventions.

The L & A County detachment of the OPP, formerly the Napanee detachment, is one of the busiest detachments in the eastern region. The new name reflects its responsibilities that reach well beyond the community of Greater Napanee.

Community Actions in Need of Champions
(as identified during our community outreach panels)

- Close the Gender Gap by celebrating the excellent leadership that is exhibited daily in our civic, business, not-for-profit and everyday living.
- Develop paid positions in your organization that include individuals who have been experiencing barriers to employment.
- Volunteer, serve on a board, reach out to collaborate in new and innovative ways to improve our communities for all.

* Infographics on this page reflect data collected over a multi-year period. The Napanee Detachment statistics, now L&A County Detachment include data for crimes committed by individuals housed in Quinte Detention Centre as well as criminal activity intercepted over a wide patrol jurisdiction of Highway 401. As a result, the Crime Severity Index data for Greater Napanee is exaggerated by the data collection method.

Crime Severity Index
Crime Severity Index refers to a measure of police-reported crime that reflects the relative seriousness of individual offences

Non-Violent Crime
Violent Crime
- Loyalist
- Napane
- Loyalist
- Greater Napanee
- Stone Mills
- Ontario
- Non-Violent Crime
- Violent Crime

31 62 23 50 37 74 20 69
We have strong social capital ‘of a certain age’ participating with us and we need to engage with a wider demographic. We especially need to connect with youth. Part of this can be a focus on schools. Youth today are far more competent and are ready to be tapped into. There is an opportunity to bring the Vital Signs consultation into schools and to engage the students in hands-on projects.

We can also build upon the collaborations already begun with a renewed emphasis on and inclusion of a wider variety of individuals and organizations including:

- arts and culture
- voices of people who are/have experienced poverty
- youth
- immigrants
- Indigenous community members
- employers
- farmers
- educational organizations
- trainers

There is a strong consensus that we need to keep the process going. Vital Signs can be a dynamic process that continues to connect communities between Vital Signs years. A feeling is emerging that it is time to move from conversation into action.

We welcome your feedback and support. Email: info@cffla.ca

Acknowledgements

Thank you to the following organizations for contributing staff and volunteers throughout our Vital Signs process:

- 100+ Women Who Care
- Addiction Mental Health Services – KFLA
- Community Futures Prince Edward Lennox and Addington
- Community Living Lennox and Addington
- Environment and Climate Change Canada
- Friends of the Napanee River
- Friends of the Salmon River
- Friends of Wilton Creek
- Greater Napanee BIA
- Hospice Lennox & Addington
- KFLA Public Health
- L&A County OPP
- Lennox & Addington County General Hospital
- Lennox & Addington Interval House
- Lennox and Addington County
- Lennox and Addington Economic Development Coalition
- MacKinnon Brothers Brewing Co.
- Napanee & District Chamber of Commerce
- Napanee Area Community Health Centre
- PELASS
- Quinte Conservation
- Town of Greater Napanee
Lennox & Addington’s Vital Signs Connecting Communities 2019
...surpassing $1,000,000 in grants and bursaries

The Community Foundation for Lennox & Addington continues to grow. 2018 was a banner year for the foundation as, for the first time, total grants and bursaries topped $1,000,000. In 2019, the total value of grants and bursaries awarded to date stands at $1,128,027.

Our Charitable Objects
To materially advance quality of life and opportunity throughout Lennox and Addington County by creating, investing, managing and growing a portfolio of endowed funds, gifted in perpetuity, and distributing their investment earnings in support of but not limited to:

- arts and culture
- education
- health and wellness
- sports and recreation
- heritage preservation
- seniors care and service
- environmental awareness
- social services
- youth support and development

Our Values

- openness and transparency in all our dealings.
- awareness of and respect for diversity.
- welcoming to new ideas and inclusiveness.
- proactivity in seeking out and engaging partnerships and opportunities.
- responsiveness to existing and arising community needs.
- prudence in applying entrusted human, material and financial resources.
- exampling the highest standards of professional and ethical conduct.

The Community Foundation for Lennox & Addington looks forward to utilizing ‘Lennox & Addington’s Vital Signs Connecting Communities 2019’ to guide and promote philanthropy in our region.

We welcome your feedback and support. Email: info@cffla.ca
DATA SOURCES AND NOTES

A Region of 100 People - page 4

UN Sustainable Development Goals (SDGs) - page 4
https://sustainabledevelopment.un.org/?menu=1300

Connecting Communities – pages 7 & 8
Vital Signs Multi-Sector Convening, Selby Hall, October 25, 2019

Good Health and Well-Being: (local targets) – page 9
https://sustainabledevelopment.un.org/sdg3

No Poverty: (local targets) – page 10
https://sustainabledevelopment.un.org/sdg1

Climate Action: (local targets) – page 11
https://sustainabledevelopment.un.org/sdg13

Life on Land, Life Below Water, Clean Water & Sanitation – page 12
Notes: Nutrient Loading During Extreme Rain Events on The Bay of Quinte, Environment and Climate Change Canada, Agnes Richards, August 28, 2019. Infographics: Wetland Ground Cover, Surface Water Quality compiled from: Watershed Report Cards (Quinte, Cataraqui, Mississippi Valley Conservation Authorities).

Poverty, Hunger, Liveable Communities – pages 13 & 14


Good Health & Well-Being – pages 15 & 16
Recruiting and Retaining Doctors in Rural Communities, Presentation by Mayor of the Town of Greater Napanee, Marg Isbester, September 11, 2019. Area of High Physician Need: South East Local Health Integration Network:

Decent Work & Economic Growth, Industry, Innovation & Infrastructure – pages 17 & 18

Women Who Lead – page 19

Inclusion of All – page 19
Notes: presentation by Crystal Vannest, Program Manager, Lennox & Addington Association for Community Living, October 2, 2019

Safe and Caring Communities – page 20